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Artsy condo between a store and a coffee place

Barrington mid-rise to look like
painted containers **PAGE 6**

Yarmouth she goes!

Long awaited ferry to
Portland, Maine, set to make
first voyage next May after
amended deal signed **PAGE 7**

A SHOOTOUT? TALK ABOUT DRAMA ...

DAY 8 OF COUPLAND
EXCLUSIVE, SHANNON SEEMS FAIRLY
UNCONCERNED ABOUT THE FATE OF
MR. TAYLOR **PAGE 10**



TO THE DRAGON CAVE!

Members of Hope Blooms, from left, Christopher Ring, 9, Mamadou Wade, 15, Kolade Kolawole-Boboye, 13, and Bocar Wade, 14, pose for a photo in their office, a greenhouse in north-end Halifax, on Tuesday. The group is appearing on CBC's hit series Dragons' Den on Wednesday night. Story, page 6.

JEFF HARPER/METRO

Cops serving, protecting: Poll

City Matters survey.
Outreach the reason
for high marks, says
police deputy chief



**RUTH
DAVENPORT**
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The women and men on the front lines of policing are also top of the heap in a new survey.

Respondents to the 2013 City Matters survey gave the Halifax police force the highest ranking of any municipal service.

Halifax Regional Police Deputy Chief Bill Moore attributed the positive results to an emphasis on community outreach and communication.

"It's the continued putting our people where the issues are, trying to talk to individuals, being very open, being transparent and trying to get to the heart of matters," he said.

Respondents to the survey,

conducted for Metro Halifax and the Greater Halifax Partnership by MQO Research, gave policing an average score of 7.5 out of 10, up from 7.2 in 2012. Fifty-six gave a score of 8 or higher, an increase of seven per cent.

"If people are concerned about crime in the communities, they're certainly not directing their anxiety at the police, that's for sure," said MQO Research senior counsel Rick Emberley, adding the numbers are strong compared to surveys in other Atlantic cities.

The head of the Halifax Regional Police Association said the positive response is a credit to police officers, who increasingly deal with non-policing issues in the field.

"The members ... they're highly educated, they're trained much better than ever before. So they're able to address a lot of issues we never addressed before," said Sgt. Mark Hartlen.

However, Hartlen warned the police force is approaching a tipping point as public

Good begets good

"I don't think there's a lot of magic in this, it's about putting good people where they need to be."

Halifax Regional Police Deputy Chief Bill Moore

demand for quality service increases. He said in the current "do more with less" climate, senior brass will have to be careful about stretching the force too thin.

"If I have to take on the challenge in leading on mental health and social issues that we never did before, I think we're capable of doing that," he said. "But I don't want it to be at the cost of something that the public truly doesn't want to compromise on."

The poll surveyed 600 adult residents, with a margin of error of plus or minus four per cent, 19 times out of 20.

More coverage, page 4



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Waste-processing facility

Otter Lake battle continues

An attempt to dismiss changes to the Otter Lake Waste Processing and Disposal Facility was defeated at Halifax regional council Tuesday as a group of angry residents looked on from the gallery.

Stantec Consulting has recommended eliminating the Front-End Processor (FEP) and Waste Stabilization Facility (WSF) at Otter Lake, both of which help protect surrounding communities from landfill odours, leachate and gases.

But a community-monitoring committee says removing them would violate a written agreement made with residents in 1999.

Tom Musial, a resident that lives in the area of the Otter Lake landfill, told councillors during a presentation that he took issue with staff's report on the public consultations into the recommendations.

"Virtually all of the major points the community overwhelmingly spoke to during the consultation process were not reported, but instead several of them were picked up and rebutted from the point of view of the staff," he said.

"There is grave concern among many community organizations ... that HRM is not listening."

A motion was then made to reject the recommendation to close the FEP and WSF, although it was later defeated. Some councillors wanted to wait until the full report lands before council in early December.

But Coun. Reg Rankin said the public's response has been clear.

"For every day this proposal is left on the table ... it will continue to erode public trust in this council."

Coun. Stephen Adams pleaded with council to put to rest the community's anxiety. "What about the sleepless nights these people are going through? You want to put fear into people's minds? Give them uncertainty."

ALY THOMSON/FOR METRO



Coun. Reg Rankin
JEFF HARPER/METRO



Halifax regional council voted Tuesday to work with Trade Centre Limited on the naming rights for the Halifax Metro Centre. JEFF HARPER/METRO

Metro Centre being sold, in name only

Naming rights.

Proposals will go back to regional council for approval

Calling all fat cats — Trade Centre Limited is looking to sell the name of Halifax's only major arena.

Halifax regional council voted Tuesday to work with TCL on the naming rights for the Halifax Metro Centre.

A request for proposals will now be issued to gauge interest, although financial institutions, telecom companies and alcohol companies are the ones to likely

step forward, a staff report said.

It's believed the naming rights could bring in as much as \$500,000 annually for upgrades and refurbishments to the 35-year-old facility, the report said.

But the motion wasn't passed without some councillors speaking out against alcohol companies potentially winning the rights.

"If it's named for them, there will be lots of advertisements," said Coun. Gloria McCluskey, pointing to comments made by chief public health officer Dr. Robert Strang about the negative effects that alcohol advertising has on

young people.

Staff explained there would be legal issues in blocking alcohol companies from submitting proposals since the Metro Centre is not owned by the municipality.

"That still doesn't make me feel very good about it," McCluskey said.

Coun. David Hendsbee disagreed, saying everyone should have the opportunity to submit a proposal.

Booze companies already appear on arenas in other parts of Canada — Ontario's Barrie Molson Centre and the Budweiser Gardens in London, Ont., for example.

ALY THOMSON/FOR METRO

Need for investment

- A staff report said the Metro Centre needs significant updates that will require a large capital investment from the municipality.
- The \$6-million project includes \$2.3 million for replacing the seating, \$2 million for a new centre-ice clock, \$1 million for expansion to washroom facilities and \$1.2 million for a new ice slab.

Council votes to meet biweekly next year

Council has chopped the number of times it will gather for its regional meetings next year.

Councillors will now come together on a bi-weekly basis, beginning Jan. 14, 2014.

The move sparked some debate at council on Tuesday, with some contending the reduced schedule would upset the thousands of

Quoted

"I think we've got it back-assward."

Coun. Tim Outhit

people who tune in each week for the televised broadcast and the webcast.

"That's how they're getting informed," said Coun.

Lorelei Nicoll.

A number of issues are dealt with in standing committee meetings prior to arriving at regional council, which has resulted in more streamlined council agendas, a staff report said.

But Coun. Tim Outhit said cutting down on standing committee meetings would be more productive than reducing regional council's

Tuesday meetings.

"I think we've got it back-assward," said Outhit. "Productivity is coming together here on Tuesday nights ... and doing as much as we can in front of the people."

Coun. Bill Karsten took issue with that, saying the standing committee structure has proven to be very effective.

ALY THOMSON/FOR METRO

Everything's alright when you go downtown?

City Matters.

Survey respondents overwhelmingly say Halifax city centre is mostly or very safe



RUTH DAVENPORT
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If HRM residents are worried about their personal safety, it's not because of anything happening in the downtown core.

Nearly 90 per cent of respondents to the 2013 City Matters survey, conducted for Metro Halifax and the Greater Halifax Partnership by MQO Research, described the downtown core as "mostly" or "very" safe.

That's an increase of six per cent over last year.

In combination with a reduction in assaults in the downtown core, Halifax Regional Police Deputy Chief Bill Moore said he's cautiously optimistic.

"A reduction in our numbers doesn't mean a whole lot if people don't feel like they can go downtown and feel safe," he said. "So numbers going down on the crime side and going up on the satisfaction side are positive indica-

Survey coverage this week:

- **Thursday:** Economy and downtown development
- **Friday:** City life, diversity and tolerance

tors to me."

Under a dedicated strategy focused on reducing assaults and alcohol-related incidents in the downtown core, Moore said officers focus on maintaining visibility without being threatening.

"Part of it is setting a tone," he said. "There's kind of a line: You enjoy yourself and if you go over the line, there's an opportunity for someone to spend the night with us in our lovely accommodations."

The head of the Restaurant Association of Nova Scotia said bar and restaurant owners are also seeing results from the Patron Accountability Safety and Service (PASS) program, launched in 2012. Patrons can be suspended from all participating establishments for underage drinking or violent behaviour at one.

"Consumers are paying attention because no one wants to get barred from 25 or 26 places," said RANS executive director Gordon Stewart.



A cop at the scene of a shooting in downtown Halifax several years ago. Scenes like this are becoming fewer and farther between in the city. METRO FILE

art. "That's going to cut into their social life."

Stewart said the social patterns are changing too, noting the number of bars with cabaret licenses province-wide has plummeted from about 14 eight years ago to roughly six.

"The early evening bars are getting upgraded and they're doing much better," he said. "So there's less and less people spending later

time out at night."

Survey respondents were also asked how safe they'd feel walking alone at night in downtown Halifax. Nearly 60 per cent said very or mostly, up slightly from 2012.

Moore said there's no contradiction between those responses and the strong feedback that the downtown is generally safe.

"I'd be interested to see how many people would feel

Quoted

"The downtown is part of the economic engine, so it has to be a place that people want to go and feel safe to go, and I'm pleased that the numbers are reflecting that." HRP Deputy Chief Bill Moore

safe walking alone by themselves anywhere in HRM at night," he said.

The poll surveyed 600 resi-

dents over the age of 18, with a margin of error of plus or minus four per cent, 19 times out of 20.



Survey shows adults getting bullied too

Although the headlines surrounding bullying in the last year have focused on teenagers, the 2013 City Matters survey shows it's not an issue that goes away after high school.

Eighty-five of the 600 respondents said they'd been a victim of bullying in the past year.

The president of the province's largest union, which runs a popular workplace anti-bullying program, said

that number sounds low.

"It's a huge issue for productivity and loss of revenue for the employers," said Joan Jessome of the Nova Scotia Government Employees Union.

"It's about control and power and it's rampant through the workplace. It's not minor."

Jessome said nearly 12,000 people have gone through the Bully Free Program since its launch in Sep-

tember 2010. About 50 facilitators have been trained, and program officials have been invited to present workshops in Norway and Japan.

Jessome said some employers are being proactive while others are addressing existing problems that can lead to absenteeism and reduced productivity.

"A lot of people will say, 'That's just a rite of passage,'" said Jessome. "Nurses are a prime example. 'They

gotta toughen up and get a thicker skin.' No, that's bullying."

Jessome said the impacts of workplace harassment can be devastating, with ripple effects throughout the office and into the homes of both the victim and the bully.

"Sometimes the apple doesn't fall far from the tree," she said. "Sometimes kids are a product of what they've been exposed to."

RUTH DAVENPORT/METRO

The other side

Twenty-seven respondents to the City Matters survey admitted to being a bully in the last year.

- "To have 27 people acknowledge it, something is shifting, and that's good news," said Joan Jessome. "You can't address it unless you acknowledge it."



Joan Jessome, president of the Nova Scotia Government Employees Union, says workplace bullying is "rampant." JEFF HARPER/METRO FILE



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Contain yourself, Halifax — it's just a new condominium design

'Industrial aesthetic.'

Construction for the Southport condos set to begin next spring



HALEY RYAN

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Shipping containers are no longer just for the harbour; the colourful steel boxes will soon be appearing on a downtown Halifax street.

A new mid-rise condo development is set to go between the Superstore and Tim Hortons at the far south end of Barrington and will be painted for a distinctive look.

"We're hoping it will add some vitality to the street. There's an opportunity for small retail stores ... to bring more pedestrian activity there," said RAW Design's Roland Rom Colthoff, architect for the Southport condo development.

A main design feature is the use of painted, corrugated metal on the side of the six-

storey building to create the appearance of the shipping crates stacked on top of each other.

Colthoff said that although Halifax has great examples of architecture in the Hydrostone area and older wooden homes, the architects were drawn to the "industrial aesthetic" of the port.

"We thought that was something the city and its people were proud of and should be celebrated," he said.

He added that residents of the 140-unit condo will see repurposed crates in the mailroom and the "amenities space" on the roof, which includes a barbecue, garden and seating area.

By hosting small shops on the ground floor, Colthoff said the development can "knit together" Barrington and the growing port while bringing people in to support some new businesses.

"This hopefully will be the start of more activity in that area," Colthoff said. "You've got the market and the brewery down there, so to have more people living there ... is a natural add-on."



The proposed Southport condo development, featuring painted corrugated metal on the side to evoke shipping containers. CONTRIBUTED

Hope Blooms for gardening project with TV spot



Members of Hope Blooms work in the garden this past summer. CONTRIBUTED

Nearly 200 people will be glued to a television screen at the North Memorial Public Library on Wednesday, waiting to see whether their community's "bright light" will have more room to grow.

The kids of Hope Blooms appear Wednesday night at 8 p.m. on CBC's Dragons' Den. The Halifax youth are hoping to expand their program, which grows fruits and vegetables in a large garden and greenhouse for community dinners, soup programs for seniors and a salad-dressing

business that funnels money to a scholarship fund.

"The Dragons said it was one of the top 10 pitches for being prepared," said Jessie Jollymore, dietician and Hope Blooms lead.

Jollymore said seven kids from the program flew to Toronto in April to present to the panel of business moguls for a special youth episode.

The kids asked for \$10,000 plus marketing expertise; in return they would pay five per cent royalties until it was returned.

"Entrepreneurship is where it's at, because you don't have to be a certain age ... have a certain education. You come up with a good idea and do lots of hard work," Jollymore said.

"I think this is seen as a really bright light in the community."

Kolade Kolawole-Boboye, 13, appears on the show and said he likes learning about business through the dressings because most kids his age are at home playing games.

Bocar Wade, 14, said he

End goal

If they're successful, the funds will go toward a new greenhouse and equipment, such as large blenders, to help expand the food programs and dressing business.

was nervous to be on TV but then "settled in" for the pitch. He said he likes that their project brings a lot of positive change to the community.

HALEY RYAN/METRO

Nov. 30

Public Gardens to close for winter — for the most part

As if you needed another reminder that winter is coming.

The municipality announced Tuesday that the Public Gardens will be closing for the winter season,

starting Nov. 30 and going to about mid-April.

That closure doesn't mean the Gardens won't be open sometimes. Weather permitting, the Gardens will be open to the public during the winter months Monday through Friday from 8 a.m. to 2 p.m.

If the gates are open during the winter, people are allowed in, a release from HRM states. **METRO**



The Public Gardens this summer. JEFF HARPER/METRO

Halifax Explosion

Forty-second tree heads to Boston in thanks for aid

A tree from a property in Lunenburg County is off to the United States.

Mary Lou Milligan of Mill Cove donated this year's tree, which will be gifted to Boston, Mass., in thanks

for support following the Halifax Explosion of 1917. This is the 42nd year of the tradition.

Nova Scotia's Christmas Tree for Boston started its journey from Mill Cove on Tuesday, with a planned stopover at Halifax City Hall for a final public sendoff at 11:30 a.m. Wednesday.

Neighbours, community members, hundreds of young students and a

representative from the U.S. Consulate watched as the 15-metre white spruce was cut and lowered to a flatbed truck.

Milligan will travel to Boston with her daughter and two grandsons for the tree-lighting ceremony on Dec. 5. The ceremony will be televised before a crowd of about 30,000 to a TV audience of about 300,000.

TRANSCONTINENTAL MEDIA

Suspected explosive. High school put on lockdown

Cole Harbour High School was put into lockdown Tuesday morning after an explosive-detection dog was brought into the school following a tip about a possible incident reported to police.

Halifax RCMP spokesman Cpl. Scott MacRae said police were contacted by Crime Stoppers just after 9 a.m. about information they received by someone who says they overheard several youths talking about a possible "explosive situ-

ation" at the school on Tuesday.

Police went to the school and brought in an explosive-detection dog. A search was done and students were put into lockdown.

MacRae said nothing was found, and at 10:40 a.m., the lockdown was over.

"It came third party through Crime Stoppers, so it's very difficult to determine its validity," MacRae said of the information they received.

PHILIP CROUCHER/METRO

P.E.I. Sentencing delayed for financial fraudster

The sentencing of a former Truro mutual-fund salesman was postponed again Tuesday in provincial court.

John Alexander Allen, a 49-year-old Summerside, P.E.I., native, will be sentenced on Nov. 26 on four counts of forgery. He was originally scheduled to be sentenced on Oct. 15, but that date was adjourned until Tuesday.

Allen originally faced 21

counts of forgery and fraud dating back to 2004 in which he was accused of cheating dozens of clients out of an estimated \$14 million while working as a financial adviser for Keybase Financial in Truro.

He pleaded not guilty to the charges but agreed to a guilty plea on four counts earlier this year. The remaining charges will be withdrawn upon sentencing. **TRURO DAILY NEWS**

Cops seeking driver. Girl, 12, struck in crosswalk

Halifax police are looking for the driver of a car after a 12-year-old girl was struck and injured in a Dartmouth crosswalk on Tuesday afternoon.

The girl was walking in a marked crosswalk with her mother at the intersection of Akerley Boulevard and Windmill Road at 3:12 p.m. when she was hit by the car, described by police as a four-door silver Hyundai.

Police say the driver briefly stopped, got out of his vehicle

Suspect description

The driver is described as being between the ages of 35 and 45, with dark hair and a moustache.

to apologize, then took off towards Sackville on Magazine Hill.

The girl was taken to the IWK Health Centre with non-life-threatening injuries.

METRO

No injuries, no arrests

Police investigate 'suspicious' fire

Police are investigating a suspicious fire at a Dartmouth apartment.

Just before 7 p.m. Monday, police and fire were called to the 100 block of Albro Lake Road regarding a fire inside an apartment.

The complex was cleared and fire investigators determined it to be suspicious.

Police are now in charge of the case and were on scene searching for evidence. **METRO**

Allen Street

Break-in suspect facing charges

A 37-year-old man is facing charges after a break-and-enter in the city.

Police say at around 5 p.m. Monday, officers responded to an alarm call at a home in the 6100 block of Allen Street.

The rear door of the home was kicked in, and when officers went inside, they found a man.

He was arrested and is now facing charges, including breach of conditions. No one was injured. **METRO**



Officers honoured for combatting crime in the Caribbean

Capt. Richard Feltham, commander of Maritime Operations Group 5, hands out Operational Service Medals during a ceremony at HMCS Scotia on Tuesday to members of HMCS Kingston and HMCS Summerside for their participation in Operation Caribbe. The operation is part of the Canadian Armed Forces' effort to combat illicit trafficking in the Caribbean and the Eastern Pacific. **JEFF HARPER/METRO**

New Yarmouth ferry to make first voyage in May

Re-signed, sealed, delivered. Revived Portland-bound ferry to run until November

The government of Nova Scotia has signed an amended deal to re-establish a ferry service in May between Yarmouth and Portland, Maine that it says gives it greater oversight on the operator's finances.

The revised agreement allows the provincial government to audit the books of STM Quest, in an effort to ensure that public funds offered for the resumption of the service are protected, Tourism Minister

Michel Samson said Tuesday.

"This will increase accountability to Nova Scotians," Samson told a news conference.

An agreement to resume the ferry link was announced in September by the previous NDP government, nearly four years after it scrapped a subsidy for the money-losing service.

Samson said most of the provisions in that deal have been kept in the new contract, including an offer of a \$21-million forgivable loan over seven years. Of that, \$10.5 million would go towards the startup costs in the first year of the ferry service, with another \$1.5 million set aside annually for marketing.

STM Quest is also still re-



The new ferry that will run between Yarmouth and Portland. **CONTRIBUTED**

quired to invest \$3 million in the service in the eighth year of operations.

The COO of STM Quest said the new ferry service, to be called Nova Star Cruises, will be running daily from May 1 until Nov. 2 of next year.

"We've been working extremely hard to ensure that everything that needs to be in

Nova Star Cruises

The company plans to have a departure at 9 a.m. from Yarmouth with a 5 p.m. arrival in Portland. The ship would then depart Portland at 8 p.m., arriving in Yarmouth at 7 a.m. the next day.

- The company is installing a theatre, casino and new seats aboard the vessel.

place is in place for the spring startup of this service," said Steve Durrell. "We are extremely confident we'll be able to meet that date."

THE CANADIAN PRESS

Canadian rower conquers North Atlantic



Mylene Paquette smiles as she arrives in Lorient, France. **DAVID VINCENT/THE ASSOCIATED PRESS**

A Canadian rower says she has become the first North American to complete a solo journey across the churning seas of the treacherous North Atlantic.

Mylene Paquette reached the shores of France on Tuesday after a 5,000-kilometre voyage from Halifax, a four-month odyssey that saw her overcome the volatility of nearly a dozen storms, the power of 12-metre-high swells and the shock of capsizing 10 times.

Paquette, 35, said her solo

rowing trip was just the 13th successful mission of its kind across the North Atlantic out of about 35 attempts. Three solo rowers were lost at sea during those unsuccessful tries, according to Oceanrowing.com.

U.S. citizen Tori Murden's solo rowing trip across the Atlantic in 1999, from the Canary Islands west to the Caribbean island of Guadeloupe, has been recognized as the first by a North American woman.

But the more-northern ex-

Environmental goals

The primary objectives of Paquette's mission were to raise awareness about the protection of the environment and the importance of ocean ecosystems.

panse of the Atlantic is much more difficult to navigate than its sections further to the south, Paquette said. **THE CANADIAN PRESS**

'Anonymous' condoms cause uproar at Calgary university

'Anonymously get inside.' What creators say was an 'innocent joke' called 'borderline rape paraphernalia' by student newspaper



JEREMY NOLAÏS
Metro in Calgary

Students at Calgary's Mount Royal University have come under intense scrutiny after planning to distribute up to 1,000 condoms with the message "Anonymously get inside" on them.

Those most bothered by the initiative, steered by administrators with the MRU Confessions Facebook page, are alleging it "promotes rape culture" and are demanding an apology.

While the moderators of the page said Tuesday they intend to solicit a new slogan from one of nearly 7,000 followers of their Facebook page, they maintained the condoms were meant as an "innocent joke."

"We weren't made aware of the gravity of it until people started mentioning it to us publicly ... I'll say that, on our part, maybe we should have thought it through," said one man, who identified himself as "Admin2."

Tensions at Mount Royal's campus came to a head after an opinion piece was published by staff with the student newspaper, The Reflector, which deemed the condoms "Borderline rape paraphernalia."

The Facebook page's administrators dismissed those claims as "absurd," and said the slogan was a play on an event called "Masked Anonymous" they hosted for Mount Royal students in October.



The controversial slogan on these condoms has come under intense criticism from peers and faculty at Calgary's Mount Royal University. FACEBOOK

Saint John

Richard Oland's son arrested in connection with his murder

The son of slain businessman Richard Oland has been arrested by police in New Brunswick in connection with his father's

homicide more than two years ago.

Saint John police say Dennis Oland, 45, will appear in court Wednesday, but they have not specified what charge he will face. They say Oland was arrested Tuesday but released.

Richard Oland's body was found in his Saint John office on July 7, 2011. He was 69. **THE CANADIAN PRESS**

Laval, Que. Three girls suffer minor injuries after car crashes into daycare

Three young girls escaped with minor injuries Tuesday after a car smashed through the plate-glass window of the daycare centre they attended and came to rest in a play area.

The children were rushed to hospital for treatment along with the driver of the car, an 80-year-old woman who suffered shock and minor injuries to her back, said Const. Franco Di Genova.

The three girls were aged three, four and five years old and were not seriously injured, Di Genova said, adding one of them had been released from hospital and another was ex-

pected to be sent home by the end of the afternoon.

One little girl was either hit by the vehicle or flying debris and suffered wounds to her face, said Di Genova. She was expected to be released from hospital on Wednesday.

A doctor at Montreal's Ste-Justine Hospital said she is stable and that the injuries could have been much worse.

"We're pleased the injuries are not as serious as we could imagine given the situation," said Dr. Antonio D'Angelo, the emergency room chief at the hospital.

THE CANADIAN PRESS



A police officer surveys the scene after a car crashed into a daycare centre in Laval, Que., Tuesday. Three children were taken to hospital with minor injuries. RYAN REMIOWZ/THE CANADIAN PRESS



Toronto Mayor Rob Ford holds a bobblehead doll of himself at Toronto's city hall on Tuesday. Hundreds lined up to be the first to own the Mayor Rob Ford doll, the proceeds of which go to charity. The \$20 bobbleheads were restricted to one per person, and with only 1,000 made, they quickly sold out. FRANK GUNN/THE CANADIAN PRESS

Ford keeping his head up

Admitting to having smoked crack cocaine and drinking himself into a stupor is no reason for Toronto Mayor Rob Ford to take time out to seek help, his brother said Tuesday.

Despite intense pressure on Ford to step down, Coun. Doug Ford insisted the mayor would not do so, saying he is getting "the support he needs."

"He doesn't want to be stepping aside for two weeks," Ford said. "He has to keep busy."

On Wednesday, a city councillor is expected to put for-

ward a non-binding motion demanding Ford take a leave of absence.

Motion sponsor Coun. Denzil Minnan-Wong has said he planned to ask council to petition the province to oust Ford if he doesn't step aside.

Doug Ford, his brother's ardent defender, said he expected a "very political" week.

"Of course, it will be a flogging," the councillor said.

Meanwhile, the notorious, 90-second cellphone video appearing to show Ford smoking

crack cocaine was brought to a Toronto courtroom Tuesday by a police officer on a password-protected, encrypted drive.

Ontario Superior Court Judge Ian Nordheimer watched the videos in chambers as he considered an application by a man seen posing with the mayor in a widely published photograph for access to the video.

Nordheimer could also rule at any time on releasing remaining parts of a document that shed light on Ford's rela-

Quoted

"He's apologized profusely and I don't know how many more times he can apologize."

Toronto Coun. Doug Ford

tionship with his friend Alexander (Sandro) Lisi, an alleged drug dealer who also faces extortion charges in relation to the video. **THE CANADIAN PRESS**

Food, water, medical supplies only trickling into Philippines

Tacloban. The city of 220,000 on Leyte island, bore the full force of the winds and the tsunami-like storm surges Friday

Desperately needed food, water and medical aid are only trickling into this city that took the worst blow from Typhoon Haiyan, while thousands of victims jammed the damaged airport Tuesday, seeking to be evacuated.

"We need help. Nothing is happening. We haven't eaten since yesterday afternoon," pleaded a weeping Aristone Balute, an 81-year-old woman who failed to get a flight out of Tacloban for Manila, the capital. Her clothes were soaked from a pouring rain and tears streamed down her face.

Five days after what could be the Philippines' deadliest disaster, aid is coming — pallets of supplies and teams of doctors are waiting to get into Tacloban — but the challenges of delivering the assistance means few in the stricken city have received help.

"There is a huge amount that we need to do. We have not been able to get into the remote communities," UN humanitarian chief Valerie Amos said in Manila, launching an appeal for \$301 million to help the more than 11 million people estimated to be affected by the storm.

"Even in Tacloban, because of the debris and the difficulties with logistics and so on, we have not been able to get in the level of supply that we would want to. We are going to do as much as we can to bring in more," she said. Her office said she planned to visit the city.

THE ASSOCIATED PRESS



Philippine military personnel try to prioritize children and women first as people wait for evacuation flights in Tacloban, central Philippines, Tuesday. WALLY SANTANA/THE ASSOCIATED PRESS

The aftermath

Most of Tacloban is in ruins, a tangled mess of destroyed houses, cars and trees. Malls, garages and shops have all been stripped of food and water by hungry residents.

- 11 million people affected by storm, UN humanitarian affairs estimates.
- 1,774 confirmed dead.
- At least 2,487 people hurt.
- President says death toll may be lower than 10,000 estimate.
- No reports so far of Canadian deaths or injuries.

Random biz fact of the day

1 of 6

1 out of 6 job seekers found their last job through a social network.
CAREERLEAF/NEXCAREER



GETTY IMAGES FILE

Market Minute

DOLLAR
95.30 C (-0.14C)

TSX
13,326.04 (-32.35)

OIL
\$93.04 US (-\$2.10)

GOLD
\$1,271.20 US (-\$9.90)

Natural gas: \$3.64 US (+6C)
Dow Jones: 15,750.67 (-32.43)

Vancouver picks up new habit: Recycling pesky cigarette butts



Smoke 'em if you got 'em — just don't forget to recycle 'em afterward.

Vancouver launched the world's first municipal cigarette butt recycling program on Tuesday, a pilot project that aims to get butts off the streets.

TerraCycle, a global company that recycles "stuff that can't be recycled" like chewing gum and dirty diapers, will install 110 recycling receptacles with stickers that say "Recycle Your Butts Here" TerraCycle founder Tom Szaky said Monday.

Staff from Downtown Eastside non-profits EMBERS and United We Can will collect the butts, with the bottle depot shipping the waste to TerraCycle for processing into industrial plastics.

The so-called "Cigarette Waste Brigade" aims to get

Reaction

- **Sherri, smoker:** "I always put it in the garbage — I try to be respectful. I think these are very productive things."
- **Charles Gauthier, Downtown Vancouver Business Improvement Association:** "This is a better solution since it deals with end product. All we were doing before was picking them up and throwing them away."
- **Irritated smoker who didn't want to be named:** "What about the people who pick up cigarette butts and roll their own smokes?"

the toxic waste off the streets and help the city meet its greenest city goals.

It was inspired by the West

End Cleanup group, which successfully collected thousands of butts for a penny apiece during Car Free Day.

Former smoker Miguel Araiza collected enough butts during the West End Cleanup project to earn \$40 in three hours — a sum he found more profitable than returning bottles, he told Metro at the time.

But the bottle depot model ultimately wasn't feasible since "a penny a butt adds up to be quite expensive," Szaky said. The final model is cheaper and more hygienic as it doesn't require citizens to pick up toxic waste, he said.

TerraCycle is funding the pilot with the goal of replicating the program around the world.

"Vancouver was the first city, so we wanted to invest in it to make it happen," Szaky said. Two major American cities are already looking at copying the idea, he added.

Punching in with a finger scan. Biometrics advances changing the way we live

You may never need to memorize another password.

That's the goal of researchers at Purdue University's International Center for Biometrics Research.

Stephen Elliott is the director of international biometric research at Purdue University in Indiana.

He says iris and fingerprint scans as well as facial and voice

recognition are just a few of the tools that improve security while making lives easier.

Biometrics is already in use at one local restaurant. Chris Smith, assistant manager of KFC in West Lafayette, Ind., says workers punch in by putting their finger on a fingerprint scanner attached to their cash register.

THE ASSOCIATED PRESS

TOP SIX @ 6

Weeknights at 6 K8 counts down the HOTTEST songs of the day

- 6 Hedley Anything
- 5 Eminem Feat. Rihanna Monster
- 4 Lada Gaga Feat. R. Kelly Do What U Want
- 3 Macklemore Feat. Ryan Lewis White Walls
- 2 Katy Perry Unconditionally
- 1 Miley Cyrus Wrecking Ball

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Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 8

metronews.ca/temp

Help really wanted

A good nanny is hard to find

Although it seems there's no shortage of help-wanted and job-seeker postings for temporary workers online, some say finding a temporary worker is harder than some might think.

Melissa Namer, a Moose Jaw resident trying to find a child-care provider to look after her kids while she returns to school, said she's had no luck finding a temporary worker.

"I've had that ad up for about a month and I've had no successful people (apply)," she said in a phone interview.

"It's mostly teenagers and young kids who just want to make a few bucks, while I'm looking for someone to look after my kids while I'm in school."

She said while there has been some response, those applying have been under-qualified or unwilling to commit.

METRO IN REGINA



Jq Frost, the star of *Supernanny*
THE ASSOCIATED PRESS

Temp Stumbles Upon a Shootout

"Get back!" A policeman standing in front of the yellow-taped off parking lot barked at us to move. We saw police snipers on the roof.

Sarah No. 3 was close by and we asked what was happening.

"Kevin Taylor is bunkered inside the remains of the warehouse."

"And...?"

"He says he's going to kill himself."

"Oh God. Any hostages?"

"They don't think so."

Talk about drama. Just then, the Shoeman and his father, Xu Senior, pulled up across the street and came over. We filled them in. Xu Senior went in pursuit of more info while, as per our agreement, Shoeman pretended to speak English as though he'd been taught in Peoples' Glorious Education Facility Number 43,607: "This episode with gun create many unglorious feng shui problems. May jeopardize once benevolent deal to buy company."

The Sarahs both saw their buyout stake evaporating, panicked, and went to hunt for Mel from Payroll.

Shoeman reached into a Whole Foods paper bag for snacks. Once the Sarahs were out of earshot I asked him what he was eating.

"Two hundred bucks worth of raw unfarmed British Columbia salmon. Nothing like it

for marathon training. Want some?"

"Ick, no thanks. Would a shooting really kill the sale of the company?"

"My dad's totally old school. He can't buy a building someone's died in. A standoff like this could be just as bad. I could care less, but I think we have to fly back to China tonight and discuss this with the family."

"Really?"

"Yup. Which also upsets my training schedule, because yesterday I found this perfect running track nearby — an elementary school they closed because of tax cuts. The soft unmown grass is perfect on my feet."

I grew worried... "What about ...what about our secret plan?"

He winked at me. "One day at a time, Shannon. By the way, I was guest at a poker night and I found out what they make at the defense contractor next door there."

It was like in the movies: guys in black running across the roof, with more guys closing in from all sides.



"What?"
"In-dash beverage caddies for drones."

"My sister would love that — hey wait — drones are unmanned!"

"Gotcha."

Then shots rang out. Holy crap! We ran and ducked behind a pickup. It was like in the movies: guys in black running across the roof, with more guys closing in from all sides. I was really frightened Kevin would get killed. He's a nice guy but life simply hasn't been too kind to him lately.

There was some silence and then we heard squeaking wheels, like a child's toy wagon. A moving dolly rolled out of the open double-wide doors of the ware-

Random fact of the day

Some people just can't cope in a sticky situation.

- Arachibutrophobia is the fear of peanut butter sticking to the roof of your mouth.

SOURCE: ASK.COM



house. Duct-taped on top of it was a poorly-made effigy of Kevin from the waist up. It was holding a broomstick as a rifle and was shot through with bullets.

"Uh oh." **TO BE CONTINUED...**

Random biz fact of the day

23%

Watch your language when you slam that overhyped Thai-food place: 23 per cent of employers review candidates' posts on Yelp.com and other rating sites. SOURCE: NEXCAREER

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BALONEY IS AS BALONEY DOES

The Internet has changed everything, from shopping to sex.

It's even changed cheating. There's a web site based in Toronto called Ashley Madison that caters to consenting married people looking for an affair.

And it makes no bones about it: "Life is short. Have an affair" is the tag line.

The site contends that there are zillions of other like-minded cheaters just like you looking for a dangerous liaison. But one woman says many of the adventurous females on the site are fake profiles.

And she should know. She wrote 'em.

Someone named Dorian Silva claims she wrote 1,000 fake profiles in three weeks, so many that she came down with severe carpal tunnel syndrome, and is now suing the website for \$20 million US for damages.

There's no honour among cheaters, apparently.

Ashley Madison is owned by Toronto businessman Noel Bi-



JUST SAVIN'
Paul Sullivan
metronews.ca

derman, who is worth \$100 million US according to CelebrityNetWorth.com, mainly on the strength of AshleyMadison.com. There is no actual Ashley Madison, but that hasn't stopped over 17 million people from trying to hook up with her.

Biderman told Barbara Walters on The View that the reason the site is so popular is that it focuses on the needs of adult female cheaters — and nothing attracts a male of the species more than a female of the same species.

So it's important that AshleyMadison.etc is fully stocked with attractive adult female cheaters, even if they allegedly have to make up so many fakes that the profilers sustain \$20-million injuries.

Faced with Ms. Silva's not-so-shocking revelation, AshleyMadison.etc is crying foul, contending that it's "100 per cent authentic" and the company "won't give in to extortion." It also sent Business Insider pics of Dorian, taken from her Facebook

page, riding a jet ski and playing the bongos, all taken since she retired in alleged pain from writing fake profiles.

You have to wonder about someone who sues her employer for damage to her wrists, then turns around and posts photos of herself engaging in activities that require healthy wrists. Obviously, all those fake profiles damaged more than her wrists. It spread to her brain.

There's a lesson in all of this. In fact, probably more than one. Let's try to sort them out.

For example, it's possible to make \$100 million out of nothing. (Oh, and Noel Biderman is happily married and 100 per cent faithful to his wife. Do as I say...)

Or if that profile "WillingToBeWhateverYouWant-MeToBe365" sounds too good to be true, it is.

Or Dorian? Why didn't you listen to your lawyer when he told you not to go on Facebook with the bongos?

Or you still don't understand that the Internet is hazardous to your health, and not just your wrists? Tried bird watching?

Or how about: It's still the same old story, the fundamental things apply: Baloney's still baloney, as time goes by.

ZOOM

Up in smoke, so no smoking up



AHMAD MASSOUD/REX

Seized Afghan narcotics burned

More than 20 tonnes of drugs and thousands of bottles of alcohol were burned by Afghan authorities in their fight against the narcotics trade amid a fresh surge in opium cultivation.

Government officials, ambassadors and military commanders gathered on a mountainside outside Kabul to burn the drugs, which were seized from smugglers in recent months. **METRO**

Narcotics burned

400

kg of heroin

1,200

kg of morphine

2,000

kg of opium

10,000

kg of hashish

Afghan opium

- Afghanistan produces more than 90 per cent of the world's opium, the key ingredient of heroin.
- One kilo of dry opium sells at \$160 to \$200. In contrast, a kilo of wheat pays only 41 cents.
- Since 2001, the U.S. has spent \$6.3 billion to curb the Afghan opium industry.

Government's view

"This event shows our increased capabilities fighting drugs."

Baz Mohammad Ahmadi, Afghan deputy interior minister for counter-narcotic programs

Ahmadi said the drugs were seized over the past 10 months in and around Kabul.

Mohammad Ibrahim Azhar, the deputy counter-narcotics minister, said that opium cultivation had increased this year, but refused to provide details to reporters before the official launch of the upcoming 2013 drugs report.

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

From stop-motion to time-lapse to hyper-lapse, there are all sorts of fancy ways to have fun with photos and bring your stills to life. It used to take thousands of dollars of gear, hours of editing and the patience of a saint to pull off those sorts of photographic feats. But the creative folks over at Teehan+Lax labs are bringing hyper-lapse to the people. Using Google Street View, you can instantly create hyper-lapses of just about anywhere the Google cars have travelled. Once you're done mapping your own hometown, take a look at some world-class cities.

Berlin hyper-lapse:

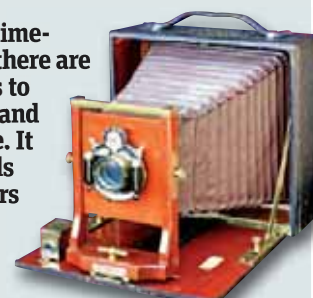
Credited as the vanguard of the hyper-lapse scene, Shahab Gabriel Behzumi's hyper-lapse of Berlin is said to have popularized the technique.

Welcome to London:

This hyper-lapse film made by Mattia Bicchi Photography shows London's skyline from Canary Wharf to Tower Bridge over a period of three years.

Paris 2013:

Filmed in April, this hyper-lapse takes you through the streets of Paris from day to night.



MARK BIRKLE/Flickr

Twitter

@metropicks asked: Metro's Jessica Napier says it's immature to stalk exes on Facebook and watch *Pretty Little Liars*. What do you think is inappropriate for a late-20-something?

@FraserAust: Excessive sleeping around, and at the same time trying

to shame guys into marrying.

@Canucklehead_ca: Try to stay clear of crack pipes. (Drunken stupor or not.)

@BuckyHermit: Or Twitter. Ahem.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

The familiar tale of friends and frenemies intertwined

New movie. The Best Man Holiday follows a traditional formula of rivalries and rekindled romances that are all wrapped up in a reunion



IN
FOCUS

Richard Crouse
scene@metronews.ca

The Return of the Secaucus Seven sees a group of college friends come together 10 years after they were arrested on the way to a 1970 peace protest in Washington D.C.

In the 1979 film they reminisce about the good old days, flirt and establish the basic theme of all reunion movies: "What's a little reunion without a little drama?"

This weekend Terrence Howard, Sanaa Lathan, Taye Diggs and Morris Chestnut are part of a core group of college friends who put that theory to the test in The Best Man Holiday. As IMDB says, expect "long-forgotten rivalries and romances to be ignited."

The idea of seeing old friends and frenemies after a long break offers loads of opportunities for drama and comedy.

Romy and Michele's High School Reunion played their high school 10th anniversary get together for laughs. The pair of friends big up their



The Best Man Holiday opens this weekend. CONTRIBUTED

One more

More somber is Young Adult, a Charlize Theron dramedy about Mavis Grey (Theron), a ghostwriter of novels for teens who accepts an invite for a baby shower from her high school ex-boyfriend, hoping that he will fall back

in love with her during their reunion.

- **Quote on Young Adult.** "Sometimes in order to heal," Charlize Theron says, "A few people have to get hurt."

post Grade 12 adventures in an effort to intimidate their old friends.

"Well, I thought the whole point of going to the reunion was to impress people," says

Michele (Lisa Kudrow). "I mean, how am I gonna impress anybody by selling ban-lon smocks at Bargain Mart."

National Lampoon's Class Reunion takes a different

comedic approach to the subject.

Mixing murder with nostalgia, it's the story of Walter Baylor (Blackie Dammett, father of the Red Hot Chili Peppers' singer Anthony Kiedis), an unhinged nerd seeking revenge during his 10th high school reunion as payback for a mean prank played on him during senior year.

"One more move and she gets a hole where she doesn't need one," says Walter.

Grosse Pointe Blank takes a more wistful approach to post school socials. John

Cusack plays a mysterious graduate who has a life changing epiphany 10 years after graduation.

"You know," he says, "when you started getting invited to your 10-year high school reunion, time is catching up."

Complicating matters is his job. He's a hit man.

"What am I gonna say? 'I killed the president of Paraguay with a fork. How've you been?'"

He's hired to bump off the father of his high school girlfriend for whom he still has feelings.

2 SCENE



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metronews.ca
Wednesday, November 13, 2013



Julia Roberts

Julia's not gonna read your #hate

Don't expect Julia Roberts to join Twitter anytime soon. "It's kind of like cotton candy," she says of social media in an interview with Marie Claire. "It looks so appealing and you just can't resist getting in there, and then you just end up with sticky fingers and it lasted an instant." Actually, Roberts seems to stay away from the Internet in general as much as possible, making a point of not Googling herself or reading comments on articles about her. "I have too much potential for collapse. There's an anonymity that makes people feel safe to participate in hatefulness," she explains. "I like a good old-fashioned fistfight if people are pissed off at each other."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Stickers? Suckers? A tablecloth run amok?

Look, I am solidly in the Jennifer Lawrence Can Do No Wrong camp. She could wear a coonskin cap and shoes made out of coconut husks and I'd be like, "Brava!" But the critics don't feel the way I do about JLaw — they are after the actress big time about the Christian Dior dress she wore to the U.K. premiere of The Hunger Games: Catching Fire on Monday in London. "It honestly looks like someone crushed a bunch of multi-coloured suckers and stuck them onto the bottom half of this dress," opined one blogger. And in a post titled, "Catching Fire Premiere Or A Project Runway Fashion



Show (You Make The Call), Dlistad asked, "How can you explain wearing Sandra Lee's best tablecloth (she needs it back for her Glitzy Glamour Christmas tablescape) to a movie premiere?"

PAT HEALY/METRO WORLD NEWS

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NOVEMBER 22

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MIKE DOJC
life@metronews.ca



5

Fast food meccas in North America



Where to satisfy the craving: BonChon's crunchy wing joints have sprung up in Thailand and all over the Philippines but there's also five locations in the New York area and another handful in New Jersey.

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Websites like couchsurfing.com and airbnb.com are seeing increased use by travellers anxious to save on their accommodation costs by skipping hotels and bunking in with the locals. If you are eager to make some extra money and wouldn't mind having strangers sleeping in your spare room, here's how to get started.

It costs nothing to sign up but ensure you spend time making your listing enticing to potential guests. Keep your title catchy and concise. Upload quality photos of your space — don't use blurry cellphone snaps. The description of your place should include details on local attractions, the neighbourhood and information on public

transit. Fill out the house rules section so that your guests can understand what is expected of them before booking. Do they have to arrive before dinner? Is it lights out after midnight? Are pets allowed? Once the booking is confirmed, Airbnb does not allow you to impose any further rules.

It is up to you to decide how much you charge. To get an idea of pricing search for similar listings in your neighbourhood. You can set different prices for nightly, weekly and monthly stays, as well as seasonal pricing. You may want to consider imposing a cleaning fee as part of your costs. Airbnb takes a three per cent fee for each reservation, which they say covers the cost of processing the transaction.

Quick and thorough communication with guests before they arrive is essential. Check out their profiles and reviews on the website to ensure you are comfortable welcoming them to your home. You can always say no, however, make sure you respond one way or another.

Brewers toast new liquor laws

Vancouver.

Microbrewers get a boost as they begin to open lounges

About once a week, Scott Greff walks a block and a half from where he lives in Vancouver's trendy Main Street district, a large glass growler in hand, to a small brewery nestled between an otherwise unremarkable strip of offices, storage bays and auto shops.

Inside the three-month-old tasting room at 33 Acres Brewing Co., Greff can fill up his growler with about two litres of any of the microbrewery's three different varieties (his favourite is 33 Acres of Life, a hybrid between a lager and ale). If he isn't in a hurry, he can grab a glass of beer to stay, like he did on this recent fall evening.

Even on a weeknight, the brewery is teeming with people, either saddled up to the bar or huddled around several tables in a sparsely decorated white-coloured tasting room that has an almost rustic cafe-



Pints at the 33 Acres Brewing Co. tasting lounge in Vancouver. THE CANADIAN PRESS

teria feel. Outside, a popular food truck sells fish tacos, leaving an aroma of hops and salsa hanging in the air.

There are countless bars and restaurants just a few blocks away, but instead, Greff is here, sipping on a beer that was brewed in a production room on the other side of the taps. "It's a lot more casual," says Greff. "It's between a coffee shop and a pub. ... And I love the idea of a growler ... getting it to go."

33 Acres is one of a growing number of microbreweries and

distilleries that have opened up in recent years as Vancouver undergoes something of a craft beer renaissance, with more than a dozen operations either open or expected to open soon, largely sprinkled throughout the rapidly gentrifying industrial areas that skirt the city's downtown core.

And the city's breweries — not to mention craft beer aficionados — are about to receive a boost, thanks to new liquor laws that will allow them to open full-scale lounges, serving more of their own products on

site. Up until this year, provincial and municipal liquor laws allowed breweries and distilleries to operate scaled-down tasting rooms that allowed customers to give products a try. They could give away all the free samples they wanted, but could legally only sell each customer a single 12-ounce glass before cutting them off.

This past spring, the B.C. government updated its legislation to allow so-called tasting lounges, effectively lifting the 12-ounce cap. The City of Vancouver, which finalized its updated bylaws in July, says it expects to eventually hand out at least 15 tasting lounge licences to local breweries and distillers.

Josh Michnik, one of the owners of 33 Acres, says there's something special about getting the beer directly from the people who make it.

"I think it's going that way in multiple industries, not just craft brewing, but also local foods and local craft distilleries — local everything," he says.

"If people can get their products made by their neighbour, why wouldn't you?"

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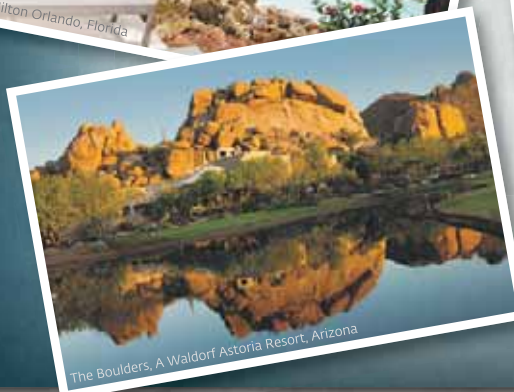
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Salmon with Mango, Black Bean and Corn Salsa evokes a summer breeze



ROSE REISMAN
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The combination of black beans and sweet mango is outstanding. I serve this salsa over chicken or other fish and even as a salad dressing. Sautéing the corn adds a barbecued flavour.

1. To make the salsa: In a non-stick skillet sprayed with cooking spray, cook the corn on

medium-high heat for 8 minutes or just until the corn is dry and beginning to brown. Place it in a serving dish. Stir in the remaining salsa ingredients.

2. In a nonstick grill pan sprayed with cooking spray, grill the salmon on medium-high heat for 5 minutes per side or just until medium done (10 minutes per inch/2.5 cm of fish thickness). Serve the salsa overtop of the fish. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN.**

Ingredients

Salsa

- 1/2 cup corn
- 1/2 cup diced mango
- 1/2 cup canned black beans, drained and rinsed
- 1/4 cup diced red bell peppers
- 1/4 cup diced sweet onions
- 1/4 cup chopped fresh cilantro or parsley

Fish

- 1 tbsp fresh lime or lemon juice
- 1 tsp liquid honey
- 1 tsp minced garlic
- 1/2 tsp hot pepper sauce
- 4 skin-on salmon fillets

Salmon with Mango, Black Bean and Corn Salsa



This recipe serves four. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Drink of the Week

Jamaican Hot Buttered Rum

Cocktail base

- 1 lb brown sugar
- 1/2 lb butter
- Pinch of salt
- 4 oz apple cider
- 1/2 oz fresh extracted ginger juice
- 1/2 tsp nutmeg
- 1/2 tsp allspice
- Individual cocktail**
- 2 heaping tbsp of cocktail base
- 2 oz Appleton Estate Reserve
- 6 oz (approx) hot water

Blend cocktail base ingredients and bring to a boil before removing from the heat. Then leave to cool and store in refrigerator.

When ready to make a drink, combine 2 tbs of base with rum and hot water.

**COURTESY
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JAMAICA
RUM**



Fair thee well, future employee!

Acing an on-site extravaganza.

Career fairs bring an opportunity of discovery and networking. These guidelines will prepare you for a productive day!

**JESSICA
CRUZ**
TalentEgg.ca

Regardless of your industry of choice, chances are there's a career fair that matches your interests.

Attending a career fair can be a good way to complement your online research and networking and there's no harm in showing up when employers are coming to meet individuals just like you.

Where do I find out about these fairs?

On campus: If you're a student, you're in luck! Campus recruiters visit career fairs to hire students like



Recruiters set up shop at career events in order to reach out to people just like you. Don't be afraid to chat them up. IStock

yourself. Check your career centre's website, online calendar or visit their office at the beginning of the term.

Community listings: Community job fairs happen all year. Check city or community event listings online. Keep a lookout for industry or company specific job fairs in your area as well. A quick search can reveal wonders.

Planning ahead

Think about it like a marketing campaign. What's your purpose? What kind of job or company are you looking for? What are you trying to learn? Having a purpose will guide your visit.

The first thing you should look for is an online employer listing. Knowing which companies will

attend can determine if a particular fair is worth your time. Some fairs might include an online floor plan, company descriptions or available positions.

What do I bring?

Resumés/cover letters: Bring a few copies in a small folder or bag. Your community employment centres and campus career

centres can help edit your resumés through appointments or workshops.

References: Keep your references tucked away with your resumé and cover letters. On the spot interviews can happen anytime or company reps might scan your resumé and ask for references.

Notepad/notebook/tablet: Have tools for jotting notes, contact information and helpful details.

Pen: Make sure you have one that works.

Business cards: It's a great way to give out your contact information in quick meeting settings.

What do I wear?

Most career and job fairs have a business casual dress code. You want to make a good impression, but don't overdo it. Contact the organizer or look at past event photos if you aren't sure what the proper dress code is.

Listen

Make sure you put yourself out

Step right up!

Ask the right questions and network

- Engage in a conversation and be brief. Be clear about your goals and what you're looking for.
- Ask questions about the positions, requirements and the representative's experiences with the company. If your goals are unclear, that's fine too. Think of the event as an opportunity to gather ideas about your future.

there, but don't talk more than you listen. The employer might answer questions before you ask them. Other people may ask questions that the representative will answer on the spot. Let other people ask the common questions and save your energy for engaging conversation.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



Lightning centre Steven Stamkos broke his leg after banging into a goalpost in Boston on Monday. ELISE AMENDOLA/THE ASSOCIATED PRESS

Bolts hope to strike without Stamkos

NHL. Centre for East-leading Tampa Bay was tied for league lead in goals, points when he broke his leg in Monday's game

Everything was going right for the Tampa Bay Lightning this season until star centre Steven Stamkos' right leg slammed into a goalpost in Boston.

Now the Lightning need to find ways to keep on winning without their offensive motor and one of the NHL's biggest stars.

"We don't have much time to think about it," defenceman Eric Brewer said Tuesday ahead of the Bolts' game against the Montreal Canadiens. "We're not going to replace that loss, but we can try to deal with it and play well and carry on."

Stamkos underwent surgery Tuesday in Boston to repair a broken shin bone. The 23-year-old will be out indefinitely.

"I can't give you a time frame on whether he's going to be eight, 12, 16 weeks or months," Lightning general manager Steve Yzerman said in Toronto. "All I can say is he's out indefinitely for now. I think after speaking with the

Lightning top Habs

Valtteri Filppula scored the only goal in the shootout to spoil a 44-save performance by Carey Price and give the Tampa Bay Lightning a 2-1 victory over the Montreal Canadiens on Tuesday night.

- The game was the Lightning's first after their star centre broke his leg on Monday in Boston.

doctors, after today probably we'll have a better idea of the time frame."

Even his participation for Canada at the 2014 Winter Olympics in February is in some doubt.

"He will start rehabbing immediately, but by all accounts everything went well today. There was no unexpected issues," Yzerman said.

Stamkos was backchecking hard against Boston defenceman Dougie Hamilton in the second period of a Monday afternoon matinee when he lost his footing. His left foot hit and dislodged the net and his right leg swung round and struck the post. He tried unsuccessfully to get up twice before he was taken off on a stretcher. **THE CANADIAN PRESS**

Head trauma

Football player dies of brain injury

A high school football player in Arizona died from an injury suffered during a blowout playoff game loss.

Hopi High School senior Charles Youvella died of a traumatic brain injury Monday at a hospital, the Arizona Interscholastic Association said. He was injured Saturday in Hopi's 60-6 loss to Arizona Lutheran. Youvella scored his team's only touchdown in the game.

THE ASSOCIATED PRESS

NBA

James, Heat blow out Bucks

LeBron James scored 33 points and got the entire fourth quarter off, Michael Beasley scored 19 off the bench and the Miami Heat had little trouble on the way to beating the Milwaukee Bucks 118-95 Tuesday.

The Heat's biggest margin of victory before Tuesday was a 12-point triumph over Chicago on opening night.

THE ASSOCIATED PRESS



Gary Neal and Brandon Knight of the Bucks defend the Heat's LeBron James. GETTY IMAGES

Gimme 10? NHL GMs mull OT extension at meeting



Steve Yzerman in Toronto Tuesday. MARK BLINCH/THE CANADIAN PRESS

As entertaining as shootouts can be, having them play a meaningful role in playoff races is not something the NHL wants.

So after 40 of the season's first 262 games went to a shootout, the league's general managers discussed at length the possibility of extending overtime Tuesday during their annual meeting following Hockey Hall of Fame induction night. Fighting, hybrid icing and the playoff format also came up.

GMs have been discussing

making overtime 10 minutes to cut down on shootouts "to some degree," according to Ken Holland of the Detroit Red Wings, but there isn't a consensus yet on which format to adopt. Holland would prefer five minutes of 4-on-4 followed by five minutes of 3-on-3, while Doug Armstrong of the St. Louis Blues and others want simply 10 minutes of 4-on-4.

"I like the idea of the games being decided prior to the shootout, and if we had to extend 4-on-4 play I would under-

stand that," Armstrong said.

Fighting is routinely on the agenda at these meetings, though Montreal's George Parros suffering a concussion on opening night as a result of a fall after fighting Toronto's Colton Orr has made it more of a hot topic for those outside the industry.

"My impression coming out is in that meeting today there's not really a push for making any changes to the rules on fighting," Lightning GM Steve Yzerman said. **THE CANADIAN PRESS**

Francona and Hurdle named managers of year

MLB. Tribe skip edges out Farrell of the Red Sox, while Bucs boss wins in a landslide

Terry Francona of the Cleveland Indians and Clint Hurdle of the Pittsburgh Pirates won the Manager of the Year awards Tuesday after guiding their small-budget teams to charming turnarounds.

Francona edged John Farrell of the World Series champion Boston Red Sox for the American League honour 112 points to 96 in a close vote by the Baseball Writers' Association of America.

In his first season with the Indians, he directed



Indians manager Terry Francona celebrates a walk-off win with DH Jason Giambi on Sept. 24.

THE ASSOCIATED PRESS FILE

them to a 24-win improvement and their first playoff berth in six years.

They lost the AL wild-card game to Tampa Bay, but voting is conducted before the post-season.

"This was one of the funnest years I've ever had," Francona said in an interview on MLB Network.

Hurdle was a runaway winner, selected first on 25 of 30 ballots by the NL panel after taking the Pirates to the playoffs in their first winning season since 1992.

Don Mattingly of the Los Angeles Dodgers came in second and Fredi Gonzalez of the Atlanta Braves finished third.

"It's a bit overwhelming, to tell you the truth," Hurdle said. "It's humbling. It's gratifying from an organizational standpoint."

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	18	13	5	0	56	43	26
Boston	17	11	5	1	48	30	23
Detroit	19	9	5	5	47	51	23
Toronto	17	11	6	0	51	40	22
Montreal	19	9	8	2	49	42	20
Ottawa	18	7	7	4	53	56	18
Florida	19	4	11	4	40	66	12
Buffalo	20	4	15	1	36	63	9

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	17	11	6	0	50	40	22
Washington	19	10	8	1	61	55	21
NY Rangers	18	9	9	0	41	49	18
Carolina	18	7	7	4	34	49	18
New Jersey	18	6	7	5	38	46	17
NY Islanders	19	7	9	3	54	61	17
Philadelphia	17	6	10	1	31	44	13
Columbus	17	6	10	1	44	50	13

Tuesday's results

Tampa Bay 2 Montreal 1 (SO)
Winnipeg 3 Detroit 2 (SO)
San Jose 3 Calgary 2 (OT)
Philadelphia 5 Ottawa 0

Florida 3 Anaheim 2
Carolina 2 Colorado 1
Phoenix 3 St. Louis 2 (OT)
NY Islanders 3 Nashville 1

New Jersey 3 NY Rangers 2
Washington 4 Columbus 3 (OT)
Buffalo 3 Los Angeles 2 (SO)
Monday's result

Boston 3 Tampa Bay 0
Wednesday's games — All times Eastern
Toronto at Minnesota, 7:30 p.m.
Philadelphia at Pittsburgh, 8 p.m.
Dallas at Edmonton, 10 p.m.

MLS PLAYOFFS

CONFERENCE FINALS

(2 games, total goals)

Saturday, Nov. 23 — All times Eastern

Houston at Kansas City, 7:30 p.m.

Sunday, Nov. 24

Salt Lake at Portland, 9 p.m.

CHAMPIONSHIP

Saturday, Dec. 7

East champion vs. West champion, 4 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	17	14	3	0	55	30	28
Chicago	18	12	2	4	66	49	28
St. Louis	16	11	2	3	54	37	25
Minnesota	18	10	4	4	48	40	24
Winnipeg	20	9	9	2	53	57	20
Dallas	17	8	7	2	46	52	18
Nashville	18	8	8	2	38	57	18

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	20	15	4	1	68	48	31
Phoenix	19	13	4	2	63	58	28
San Jose	18	11	2	5	66	43	27
Vancouver	20	11	7	2	54	54	24
Los Angeles	18	11	6	1	52	44	23
Calgary	18	6	9	3	49	64	15
Edmonton	19	4	13	2	48	75	10

Note: 2 points for a win, 1 point for overtime loss.

Thursday's games

Los Angeles at NY Islanders, 7 p.m.
Columbus at Boston, 7 p.m.

Anaheim at Tampa Bay, 7:30 p.m.

Phoenix at Chicago, 8 p.m.

Colorado at St. Louis, 8 p.m.

Dallas at Calgary, 9 p.m.

San Jose at Vancouver, 10 p.m.

Friday's games

Anaheim at Carolina, 7 p.m.

Los Angeles at New Jersey, 7 p.m.

Nashville at Pittsburgh, 7 p.m.

Montreal at Columbus, 7 p.m.

Toronto at Buffalo, 7 p.m.

Washington at Detroit, 7:30 p.m.

Boston at Ottawa, 7:30 p.m.

Florida at Minnesota, 8 p.m.

Philadelphia at Winnipeg, 8 p.m.

CFL PLAYOFFS

DIVISION FINALS

Sunday's games — All times Eastern

Hamilton vs. Toronto, 1 p.m.

Saskatchewan vs. Calgary, 4:30 p.m.

GREY CUP

At Regina, Saskatchewan

Sunday, Nov. 24

East champion vs. West champion, 6 p.m.

NFL

Monday's result

Tampa Bay 22 Miami 19

WEEK 11

Thursday's game — All times Eastern

Indianapolis at Tennessee, 8:25 p.m.

Sunday's games

Baltimore at Chicago, 1 p.m.

Arizona at Jacksonville, 1 p.m.

Detroit at Pittsburgh, 1 p.m.

Oakland at Houston, 1 p.m.

N.Y. Jets at Buffalo, 1 p.m.

Cleveland at Cincinnati, 1 p.m.

Washington at Philadelphia, 1 p.m.

Atlanta at Tampa Bay, 1 p.m.

San Diego at Miami, 4:05 p.m.

San Francisco at New Orleans, 4:25 p.m.

Green Bay at N.Y. Giants, 4:25 p.m.

Minnesota at Seattle, 4:25 p.m.

Kansas City at Denver, 8:30 p.m.

Monday, Nov. 18

New England at Carolina, 8:40 p.m.

NBA

Tuesday's results

Miami 118 Milwaukee 95

Dallas 105 Washington 95

Detroit at Golden State

New Orleans at L.A. Lakers

Monday's results

San Antonio 109 Philadelphia 85

Indiana 95 Memphis 79

Atlanta 103 Charlotte 94

Boston 120 Orlando 105

Houston 110 Toronto 104 (2OT)

Chicago 96 Cleveland 81

Denver 100 Utah 81

Portland 109 Detroit 103

L.A. Clippers 109 Minnesota 107

Wednesday's games — All times Eastern

Houston at Philadelphia, 7 p.m.

Milwaukee at Orlando, 7 p.m.

Charlotte at Boston, 7:30 p.m.

Toronto at Memphis, 8 p.m.

Cleveland at Minnesota, 8 p.m.

New York at Atlanta, 8 p.m.

Washington at San Antonio, 8:30 p.m.

L.A. Lakers at Denver, 9 p.m.

New Orleans at Utah, 9 p.m.

Brooklyn at Sacramento, 10 p.m.

Phoenix at Portland, 10 p.m.

Oklahoma City at L.A. Clippers, 10:30 p.m.

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The Power to Surprise

2014 Toyota Corolla



ALL PHOTOS WHEELBASEMEDIA.COM

Review. It's looking like an early Christmas for Toyota fans

MALCOLM GUNN
wheelbasemedia.com

For a small car, the Corolla has some big numbers to tout. Like the fact that in 47 years, Toyota has sold more than 40 million of them and currently operates 16 factories worldwide that supply Corollas to 154 countries.

The all-new 11th-generation North American sedan comes on strong with style — especially from the windshield forward — that its broad base of customers are not used to seeing. Nothing too radical, mind you, but just enough design drama to cause some politely muffled oohs and ahs (see above right).

The distance between the front and rear wheels has increased by a whopping 10 centimetres, rival-

ling the current segment space champ Dodge Dart. Note that both the Dart and Corolla are virtually dead-heat-even for interior volume and could almost pass for mid-sizers. The added space between the wheels improves front and rear legroom slightly, which is welcome in any small car. Interior styling has improved, but in a conservative way that differs from the Corolla's more daring competitors. Still, the clearly marked gauges and switches are logically placed and easy to decipher.

It's only when you check under the hood that a sense of déjà vu really kicks in. A 132-horsepower four-cylinder carries over from the previous generation. It's connected to a six-speed manual transmission for the base CE and sporty S models. A four-speed automatic transmission is optional for the L, while a new continuously variable unit (CVT) is optional for the S, but standard on the

LE and LE Eco.

To reduce that "rubber-band" slippage sensation that's common to many CVTs (including Toyota's Prius hybrids), engineers dialed in seven artificial shift points. These function automatically to simulate the action of a regular automatic transmission. With the S model, they can be manually controlled using steering-wheel-mounted paddles. Aside from using a more efficient engine with special variable valve timing, the ECO's figures are achieved with the help of underbody panels that improve the car's aerodynamics to reduce highway-speed fuel consumption.

The starting-point Corolla CE, which carries a \$17,600 base price, has a split-folding rear seat, power windows and locks plus a basic four-speaker audio system. The LE/LE Eco trims include air conditioning, 16-inch alloy wheels (15-inch steelies are on the CE).

You also get a backup

2014 Toyota Corolla

- **Type.** Four-door, front-wheel-drive compact sedan
- **Engines (hp).** 1.8-litre DOHC I4 (132/140)
- **Transmissions.** Six-speed manual and four-speed automatic (depending on model)

Compare



1 Honda Civic
Base price: \$17,000



2 Dodge Dart
Base price: \$17,700

Design

The front end is certainly a lot more aggressively defined with its enlarged lower air intake and inset bumper. The side intakes seem a bit oversized, but the total effect is quite appealing. Along with its mostly new shape, the Corolla's more rigid platform supports a body that's a few ticks longer and wider.

camera, remote keyless entry, heated front seats (power-adjustable for the driver), touch-screen display with voice recognition and Bluetooth wireless connectivity. Opting for the S brings with it a blacked-out grille, 17-inch wheels, heated outside mirrors and additional instrumentation with customizable settings.

A navigation system, power moonroof and push-button start head the list of options, along with a start/stop system that shuts off the engine for short per-

iods, such as at stoplights or in stop-and-go traffic. This, of course, saves fuel.

Despite its generally more athletic appearance, the Corolla is still a sensible people transporter that carries with it a reputation for reliability and quality that's the envy of the industry. You'll need to check elsewhere for a budget-based pocket rocket, but joining the millions of contented Corolla owners around the world will at least put you in solid company.



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This Mercedes just gets better with age

Autoknow. Over time, base models nearly always improve. So do you really need anything more than an SLK? Let's find out.

MALCOLM GUNN

wheelbasemedia.com

There's a backlit icon of a simmering coffee cup on the SLK's control panel.

Could it be this particular well-optioned roadster comes with its own coffee maker? Perhaps the symbol flashes intermittently whenever a Starbucks comes into view? At first blush, it's impossible to say, since the owner's manual, a critical tome considering SLK's techno-laden content, was nowhere to be seen.

"They're frequently missing after the cars are returned, so we keep them here in the office," explained a Mercedes-Benz press-fleet overseer.

Fortunately, an experienced Mercedes-Benz brand hand came to the rescue, appropriately enough while parked outside of a Starbucks.

After admiring the SLK from top to bottom, he spied the tiny cup-and-saucer symbol and explained that it denotes "Attention Assist," which is a safety feature that's programmed to sense certain driving behaviours associated with fatigue and issues both visual and audible warnings for the driver to take a break.

The smell of fresh-brewed dark roast wafting out from the air vents could probably work just as well.

Attention Assist is a fine idea, but it's hard to imagine anyone nodding off in what is one of the more exciting M-B models on the market and the best SLK that the German automaker has devised to date.

The SLK has steadily evolved since its 1997-model-year North American debut. The current generation now looks less like an inaccurate representation of its larger SL-class relation and, at least from the front, now resembles its twin. Both cars feature nearly identical upright grilles, headlight pods and extended hoods, along with similar retractable hard-shell roofs. Of course, what they don't even come close to sharing is their respective



There will never be a dull moment in the Mercedes SLK350. BOTH PHOTOS WHEELBASE AND MERCEDES

The 350's just-right feel

Within the SLK range, though, the 350 has a certain just-right feel. Around town, the V6 operates in a docile fashion, but can quickly flex its muscles when a squirt of passing thrust is summoned, or when attacking a freeway on-ramp.

price tags; the \$54,300 base SLK is offered at about one-half the wallet hit of the SL.

Of course the SLK lacks the SL550's 429-horsepower twin-turbo V8. In fact, the base four-cylinder SLK250 comes with a 201-horsepower four-cylinder. This matte-grey SLK350, however, has a 302-horsepower V6 and accompanying seven-speed automatic transmission.

Mercedes-Benz pegs the roadster's zero-to-60-m.p.h. (96 km/h) time at 5.4 seconds, which is only about a second off the pace of the SL. However that time is more than a second quicker than the base SLK250. Nice.

The warp-factor model of the triumvirate is the SLK55 AMG that receives the full aero kit treatment, unique nosepiece and fancier wheels. It also sends its power to the pavement using a 415-horsepower 5.5-litre V8 and earns a 4.5-second zero-to-60-m.p.h. time.

Within the SLK range, though, the 350 has a certain just-right feel. Around town,

the V6 operates in a docile fashion, but can quickly flex its muscles when a squirt of passing thrust is summoned, or when attacking a freeway on-ramp. The engine instantly clears its throat and delivers a distinctive and dignified growl, while the seven-speed automatic imperceptibly kicks down into the appropriate gear. The SLK makes the entire process seem so easy, which really enhances driving confidence.

New for 2014, the SLK350 and SLK55 AMG are equipped with stop-start. Whenever the car stops with the brake pedal depressed, the engine shuts off to save fuel. When the accelerator is touched, the engine fires back up.

The best feature of the SLK is the open-air experience. To make a convertible out of a coupe, the trunk lid pivots rearward while the hard tonneau cover flips upward and the two-piece roof stacks into its containment spot, followed by the trunk lid resuming its original position.

ition.

The whole lowering/raising sideshow consumes about 20 seconds. The test model was equipped with the available Magic Sky Control, consisting of a glass roof panel that changes to opaque from clear with the flip of a switch.

Also included is constantly adjusting shock-damping control and a faster-acting Direct-Steer system that reduces by 25 per cent the number of lock-to-lock steering wheel turns.

About the only item of concern was the car's matte-finish Designo Glacier Grey colour scheme. The idea of an as-tested \$70,000 Mercedes wearing what amounts to a really dull paint job might seem truly bizarre to some people, almost as if the car is in primer and awaiting a real top coat. It also carries a sternly worded missive warning of dire consequences should the finish ever be polished.

The SLK test stretched into a week of mostly sunny skies and light Pacific Ocean-scented breezes on Vancouver Island. In other words, perfect sports-car weather in a part of the world that attracts plenty of them.

And likely not one of their grinning drivers, including one SLK350 pilot in particular, required a cup-and-saucer advisory to keep the adrenaline flowing.



A bird's eye view of the sports car gem.



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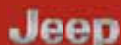
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ZOOM-ZOOM



GT model with Technology Package shown. Certain features available only on 2014 Mazda3 GS and GT models.

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JIL
MCINTOSH
drive@metronews.ca

Once used primarily in heavy-duty trucks, diesel is becoming more popular in passenger cars

in Canada. Diesel engines are more efficient and get better fuel economy, and as a result, have longer range on a tank than gasoline engines.

However, to meet strict North American emission standards, they require some extra exhaust treatment. Automakers use a Selective Catalytic Reduction (SCR) system. This includes the use of diesel exhaust fluid, or DEF, a pre-mixed solution of urea mixed with water, and sold under brand names such as AdBlue.

"By the nature of their combustion process, diesel engines put out different emissions than gasoline engines," says Thomas Tetzlaff, public relations manager for Volkswagen Canada. "Injecting very minute quantities of urea cleans up the nitrates in the exhaust and allows us to reach emissions levels that were previously impossible in a diesel car. All our diesels are certified in all U.S. states, including California, which has the strictest laws on the planet."

Diesel exhaust contains oxides of nitrogen, or NOx, a compound that contributes to smog. When small quantities of DEF are injected into the exhaust after it leaves the engine, it produces a chemical reaction that converts the NOx into nitrogen and water vapour, both of which are harmless.

The DEF isn't added to the fuel tank, and it doesn't travel into the engine. Instead, it's added to a special reservoir, with the filler neck located beside the fuel filler, in the trunk,

or under the hood, depending on the vehicle and the manufacturer. It's automatically dispensed into the exhaust system as needed.

Although it's easy for drivers to add their own fluid, manufacturers size the reservoir so it will generally need filling at the same time the car is due for its scheduled maintenance, so the dealer can top it up at that time. "We have a large-capacity tank located in one of the fenders," Tetzlaff says. "It's filled up mostly once a year, and it's

no more difficult than adding windshield washer fluid, and not a lot more expensive."

When the reservoir starts getting low, the vehicle will warn the driver several thousand kilometres in advance, and continue with regular warnings as the fluid level drops. If the reservoir runs dry, the car will continue to run, but once it's shut off, it won't start again until the DEF is replenished. The fluid can be purchased at dealerships, auto parts stores, and many gas stations.

Service Directory

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November 13

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Eternity Developments

For those without a Metro, the forecast calls for "I dunno" with a slight chance of "huhh?"

metro

Horoscopes

Aries

March 21 - April 20

What looks so confusing now will look a lot easier by the end of the week, so don't worry if you cannot make sense of events. That applies especially to money matters and business issues.

Taurus

April 21 - May 21

Activity in your opposite sign of Scorpio will bring you up against someone who is like you in personality but has different views on how things should be done. Sparks may fly but you can work together.

Gemini

May 22 - June 21

Be wary of people who arrive bearing gifts. With Neptune, planet of illusion, strong in your chart, you should consider the possibility that they are hoping to trick you.

Cancer

June 22 - July 23

The next few days will be good but why settle for good when they could be great? Define your goals and avoid activities that are wasteful of your time and energy — no matter how fun they are.

Leo

July 24 - Aug. 23

You may think if you don't act quickly you will miss the boat but it isn't true and what occurs over the next 24 hours will encourage you to calm down and slow down.

Virgo

Aug. 24 - Sept. 23

You cannot cure the world of its woes, but you can help people on a one-to-one basis. Whatever else you do or don't do today, aim to be a good example. Yes, it's enough.

Libra

Sept. 24 - Oct. 23

It may feel as if the fun is almost over, but it isn't true. Yes, you will have to get serious about work issues today and tomorrow but you will also have time to enjoy yourself.

Scorpio

Oct. 24 - Nov. 22

The Sun in your sign continues to fill you with energy and you should be using it to bring creative ideas to life. What looked impossible yesterday will look the easiest thing in the world today. Go for it.

Sagittarius

Nov. 23 - Dec. 21

A week and a bit from now the Sun will move into your birth sign and your mood will lighten, but today you are likely to be overly sensitive about everything. Keep your emotions in check.

Capricorn

Dec. 22 - Jan. 20

The pace of life will pick up today, so hold on and enjoy the ride. If you get the chance to participate in some kind of social event do so, even if it means extra work.

Aquarius

Jan. 21 - Feb. 19

You are right to be pleased by the things you've accomplished but there is a lot more you can do, so don't start winding down yet. A new opportunity will come your way over the next few days.

Pisces

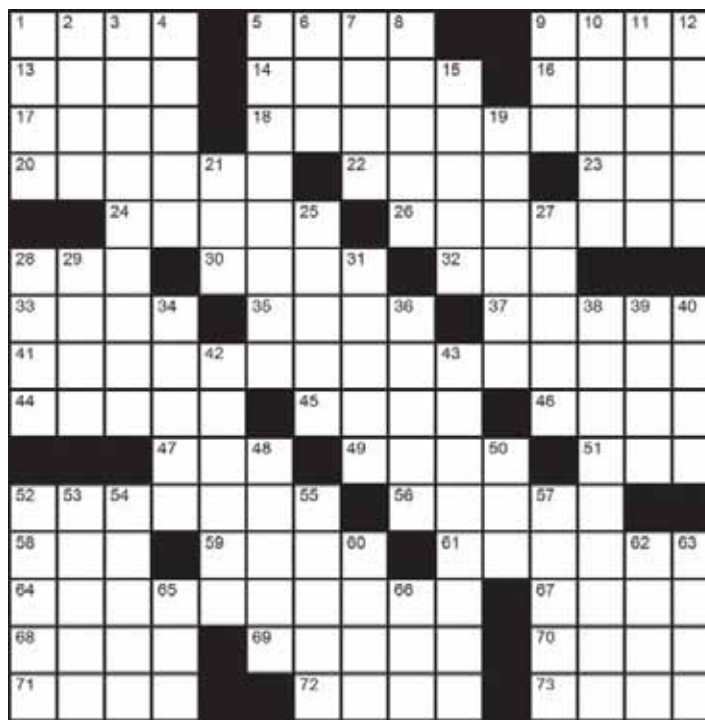
Feb. 20 - March 20

Neptune, your ruler, ends its retrograde phase today, which suggests you may change your mind about what you consider important. Try not to be too idealistic. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Var. weights
5. Small rum cake
9. Nero's 1151
13. Fashion's ___-chic
14. Classic joke: "Waiter! There's ___ in my soup..."
16. ___ Ed. (Gym class)
17. Dangle
18. Suit part: 2 wds.
20. CTV's interactive daily talk show, "The ___"
22. Fawn
23. Ms. Vardalos
24. "Mad Men" gig
26. Jennifer Stoddart, ___ Commissioner of Canada
28. Horiz.
30. TV fuz
32. "Cold Mountain" (2003) role
33. Feet finials
35. Podium
37. ___ (Online appointment, say)
41. Views from ships approaching Newfoundland: 2 wds.
44. Von Trapps daughter
45. Italia's capital
46. ER doctor's 'Now!'
47. ___ tree
49. Terrier's coat texture
51. Pro golfer Ernie
52. The Band's 1968 debut album: 'Music from ___'
56. Beatles surname
58. Yoko's surname



59. Mrs. Krabappel, memorable teacher on "The Simpsons"
61. Mr. Estevez
64. Working vessel in Arctic waters
67. "___ Las Vegas"
68. Positive
69. Movie genre
70. Distant

71. Gaelic
 72. Chess men, for short
 73. Microscope piece
- Down**
1. 'For 1' and 'For 2', e.g., in restaurants
 2. "___ that Shakespearean Rag / It's so elegant / So intelligent." - T.S. Eliot

3. Wayne Gretzky's spanned 20 seasons.: 2 wds.
4. Dependable
5. Alberta: Drumheller's terrain
6. Egypt's cont.
7. Was cut, did this
8. Fabled fellow
9. Speedometer meas.

10. The Great Wall of ___
11. Song segment
12. "Should ___ or should..." - The Clash
15. Stars, in Latin
19. Beer mug, fancy-style
21. FM's opposites
25. What flat tires have in them: 2 wds.

27. "Quo ___?" (Latin: Where are you going?)
28. Canadian director Mr. Egoyan
29. -Cola's partner
31. Spouseless she-spouse
34. Took notice: 2 wds.
36. 18-wheelers
38. Post-death kingdom, some believe
39. Frying pan, ___
40. Approximations [abbr.]
42. Great hockey Right Winger, Mark ___
43. Gabrielle of "Beverly Hills, 90210"
48. Famous mountains
50. Root vegetable
52. Idaho's capital
53. Acquire
54. Movie-___ (Film attendees)
55. "My Sharona" by The ___
57. Competitor
60. Similar
62. Leo Tolstoy's The Death of ___ Ilych
63. Paddles
65. Flower's friend
66. New newt

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today



0°/-4°
Partly cloudy

Thursday



5°/2°
Variable

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